Career Exploration

Unique Approaches for Real Results
Workshop Agenda: Career Exploration - Unique Approaches for Real Results

- Icebreaker (10 minutes)
- Overview of Career Exploration Tools (30 Minutes)
- Deep Dive Into Hats and Ladders (30 Minutes)
- Program Highlight: Foster Pride (20 Minutes)
- Real Life Examples - Staff and Youth Panel (20 Minutes)
- Wrap Up (10 Minutes)
In small groups discuss:

➢ What is your experience with helping youth explore career options

➢ Are there any trends you have seen in types of jobs that interest the youth you work with?

➢ Are there any creative approaches you have used when working with youth around career exploration?
Career Exploration Tools:

- Sponsored by U.S. Department of Labor and a Partner of the American Job Center

- Many different ways to conduct career exploration:
  - Explore Careers Tab
  - Employment Tab
  - Toolkit Tab

- Many different resources
  - Find Support Tab
  - Education Tab
  - Toolkit Tab

Career Exploration Tools: New York CareerExplorer

- Specific to New York State
- Many different ways to conduct career exploration:
  - Interest Profiler
  - Skills Profiler
  - Work Importance Profiler
- Incorporates more than career exploration
  - College Preference and Explorer
  - Budgeting Tools

https://ny.headed2.com/assessments
Career Exploration Tools: 

▪ Uses robust data to help individuals understand the career landscape

▪ Many different ways to conduct career exploration:
  ▪ Bright Outlook
  ▪ Career Cluster
  ▪ Advanced Searches

▪ Many different resources
  ▪ Onet Interest Profiler
  ▪ Job Zone

▪ https://www.onetonline.org/
Other Career Exploration Tools:

- Uses advanced machine learning, psychometrics, and career satisfaction data
  - https://www.careerexplorer.com/career-test/

- A career test based on Holland Code and Big Five systems
  - https://www.truity.com/view/tests/personality-career
Other Career Exploration Tools:

- A career test based on the Birkman Method
  - https://www.princetonreview.com/quiz/career-quiz
- NYC specific site that provides career exploration tools, career coaching, training + education programs, and local employer connections
  - https://www.skillup.org/nyc/
Dear Students,

Deep Dive into: 

**Guest Speaker: Johann George**

- **Hats and Ladders is a Career Readiness App** that approaches career exploration in a fun and youth-centric way.

- You can download the app by going to the following link: https://myapp.hatsandladders.com/

Best regards,

[Images of mobile app interfaces]

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Guest Speaker: Zoë Cheswick

- Foster Pride empowers children and teens in foster care to develop their talents, build self-esteem and reach their potential through mentoring relationships and the arts

- Foster Pride’s programs include:
  - HandMade
  - Internships
  - Blavatnik Family Education Fund
  - And more

- www.fosterpride.org
Real Life Examples - Staff and Young Adult Panel

Tammy Bullock
Future Focus Coach
Good Shepherd’s Services

Darnell
Good Shepherd’s Services

Tamaine
Youth Advisory Board Member
Pop Quiz!

- Which Career Exploration Tool is based on New York State?
- Which Career Exploration Tool has specific resources for individuals in foster care?
- Which Career Exploration Tool uses data to help people identify the quickest emerging jobs?
- Name 1 of the Career Exploration Tools that we mentioned but did not explore their website.
Pop Quiz!

- Which Career Exploration Tool is based on New York State?
  - New York Career Explorer

- Which Career Exploration Tool has specific resources for individuals in foster care?
  - Career OneStop/Get My Future

- Which Career Exploration Tool uses data to help people identify the quickest emerging jobs?
  - ONet Online

- Name 1 of the Career Exploration Tools that we mentioned but did not explore their website.
  - Career Explorer by Sokanu, Truity, Princeton Review's Career Quiz, or Level Up NYC by SkillUp
Reminder:

- Mandatory Training Next Week: Real Talk Real Solutions

- As you are conducting career exploration you should use OneDegree (https://www.1degree.org/nyc) to find vetted training and education programs to help your youth with career development experiences.

- Career Exploration is often something done 1 on 1 but there are some great group activities that can help get youth ready for the workshop. Some great examples are:
  - YA WORC’s Career Club - created by Columbia School of Social Work
  - NYSED and CUNY’s Career Kit
  - NYC Department of Education’s Work Based Learning Toolkit