

- **Icebreaker** - What are some common perceptions about supportive housing? (10 min.)
- **Brief overview of supportive housing** (5 min.)
- **Panel Presentation - Types of Supportive Housing followed by Q&A** (1 hour)
 - HSVS & NYF: NY/NY3 and NYC 15 supportive housing (20-25 min)
 - Good Shepherds' McLaughlin Residence & The Chelsea Foyer (10 min)
 - Children's Village Harlem Dowling residence (10 min)
- **Exercise/activity** – Mercy First - psychosocial and interview prep (30-35 min)
- **Wrap-Up/Next Steps**

- **Learn about the different types of supportive housing**
 - ❖ Eligibility requirements, application process, supports/services
- **Tips on submitting supportive housing applications and helping young people prepare for the interview**
- **Myth-busing!**

- That young people need to have mental, physical disability or need to get int
- That all supportive housing is temporary
- That it is intrusive – that the staff will be on top of them
- Takes time to build trust – young people don't want to interact with supportive housing staff
- Young people think that they will be getting stipends, rent assistance, etc.
- Young people may not want roommates – don't know there are single apts
- That it's expensive
- That there are too many rules
- They don't know that there is coaching in some supportive housing residences (vs. case management approach)
- What young people need -

- ❖ Affordable
- ❖ Supportive
- ❖ Temporary vs. Permanent
- ❖ Residence vs. Scatter-site

- ❖ **NYCHA** – affordable and permeant, not supportive
- ❖ **HRA supportive housing (one application goes to both, HRA decides):**
 - NY/NY 3 – Temporary, supportive, both scatter-site and residential
 - NYC 15 – Permanent, EXTRA supportive, both scatter-site and residential
- ❖ **Individual supportive housing residences (each has own application)**
 - Harlem Dowling
 - Chelsea Foyer
 - McLaughlin Residence

1. NYCHA is supportive housing
2. There are different applications for NY/NY 3 and NYC 15
3. With “affordable” housing, young people actually pay ~50% of their after-tax income
4. All young people aging out of foster care are eligible for some type of supportive housing

HSVS Supportive Housing



- **Mission:** The Residential & Housing Division promotes a culture of Healing, Support, Understanding, and Love, while providing Safe Homes, Real Connections with Caring Staff and Life Changing Opportunities.
- **Supportive housing programs:** We run 3 DOHMH (Department of Health and Mental Hygiene) contracts for former foster youth:
 - NY/NY3 - Youths aging out of foster care - Population I (18-25)
 - NYC 15 – Homeless/foster Youth and families with head of household (18-25)

Overview of Scattered-site Supportive Housing program

- Apartments are in **neighborhoods that are in close proximity to public transportation and accessible** to other amenities, such as shopping, health care and other services.
- These are **private apartments**, including studios, one or two bedrooms; containing at least one full bath, refrigerator, kitchen and stove.
- Clients will be required to contribute up to a **maximum of 30% of their household (pre-tax) income** toward rent and are responsible for their utilities.
- There are several apartments in some buildings however a provider cannot have more than 20% of units in any one building.



Overview of Supports

- **Coaches build relationship** and meet the clients where they are at. We get to know the clients and form a meaningful, lasting relationship.
 - Incorporate motivational interviewing, conflict resolution, critical time intervention (models that have proven to work in supportive housing)
- **Supports** to enhance clients' ability to live independently and achieve self-sufficiency:
 - 1:1 coaching and emotional support
 - Employment and educational services
 - Mental health services (referrals to off site providers or own article 21 clinics)
 - Life skills - financial advising, budgeting, and workshops including parenting journey, health and wellness, healthy relationships, harm reduction, etc.
- Assist clients to **transition to more independent/permanent housing** (clients are expected to transition at age 26)
 - More defined in NY/NY 3 – have to leave at age 26
 - NYC15 does not enforce this, but the expectation is that providers work with youth to transition as a part of their support plan goal

NY/NY 3 – Eligibility

Population I - young adults 18 - 25 years of age who are at risk of street or sheltered homelessness, **leaving or having recently left foster care**

- Been in foster care for more than a year after their 16th birthday
- Leaving or having recently left foster care within the last 24 months

NYC 15 Eligibility

All young people aging out of foster care are eligible! The youth does NOT have to have diagnosed mental health issues or a history of substance abuse to be eligible.

However, they must have a clear need for supportive housing, not just affordable housing! They need to make this clear in their psychosocial and HRA application.

CLINICAL ELIGIBILITY CRITERIA

At least one (1) marked behavioral or functional impairment:

- Difficulty with self-care of activities in daily living
- Difficulty with social functioning/maintaining interpersonal relationships
- Difficulties with basic responsibilities at home, school, work

AND at least one (1) of the following criteria:

- History of multisystem involvement as shown by contact with more than one agency within the last 2 years (ACS, DOC, DOCCS, RTF, RTC, DYCD etc.)
- No high school diploma or TASC
- Less than 6 months of employment in the last 24 months
- History of trauma/victimization

HRA Application Process

- **To Apply:**

- Submit HRA's online Supportive Housing Application (called the 2010e)
- Psychosocial Assessment (within 180 days)
- Documentation from agency verifying history of foster care
(A psychiatric evaluation is not mandatory!!)

- **After you Apply:**

- After you have obtained an approved application from HRA, you refer to the eligibility determination- it will tell you if the youth got NY/NY 3 or NYC15, and whether it's residential or scatter-site.
- You are also provided with a list of providers, and the application packet is sent to providers with vacancies!
- For NYNY 3 approvals - direct contact can be made to housing providers to inquire about housing! The youths can be empowered to call as well since it's within their best interest.
- For NY1515- Agencies work directly with HRA- the contact is on the packet to help secure interviews. The process for NYNY1515 is very strict. All interviews are coordinated through HRA.

- The Foundling has provided family social services for over 150 years.
- The Y.E.S Housing Program opened in 2008 and has provided a continuum of care for young adults transitioning out of foster care and young adults experiencing chronic homelessness.
- The Y.E.S Housing Program currently has capacity to house 40 young adults in 21 apartment scattered throughout the Crown Heights, Flatbush, and Brownsville neighborhoods of Brooklyn, New York.

New York
Foundling
Y.E.S Housing

New York Foundling Y.E.S Housing What We Do

We house single young adults who have an approved 2010e housing application for NY 3 or NY 15 housing Pop I.

Young adults can apply for Y.E.S between the ages of 18- 25.

Rent is calculated at 30% of the Participant's monthly income and The Foundling covers utilities costs.

What We Do

- The Y.E.S program provides comprehensive supports for young adults to transition into complete independence using the Fair Future's coaching model.
- Financial Literacy- Young adults enhance their finance management and use a variety of tools to increase financial stability.
- Educational/Vocational- Young adults are supported in navigating their educational and employment goals.
- Social/Emotional- Young adults are supported in maintaining mental wellness and accomplishing their personal development goals.

What We Do

- Health- Program Participants are supported in maintaining and developing habits that align with physical health.
- Housing- Program Participants are introduced to all non-programmatic housing options and supported in including an option in their goals.



- Houses single adults and families in either studio units or one-bedroom apartments
- Must be ages 18-25 at the point of intake
- Supported by case managers, housing specialist, clinical therapist, coach (**resident must demonstrate a willingness to utilize supportive services**)
- Onboarding completed by submitting HRA2010e application to NYC PACT system
- All applicants must pass both low-income tax credit and NYCHA section 8 screening and income must be below guidelines less than \$30k. Due to the above applicants must be able to provide answers to all deposits in bank accounts (CASHAP, QuikPays, etc..)
- NYCHA section 8 Voucher that can be made portable after 9 months of living onsite and be used to locate apts. anywhere accepted in the United States

- 40 apartment units for 16 RHY, 14 NY3, 10 community referred youth
- 43% of youth served have a history of foster care
- Must be ages 16-25
- Program is two years, while in program participants create savings through program fees
- Onboarding is done through referral, NY3 housing database, RHY is referred through drop-in shelters
- Program offers support through case managers, Independent living counselors, clinical therapist, nurse, coach
- Maintaining employment is a requirement of the program

Children's Village

Deeply Affordable Housing

We want to Live here







- 8-25 years old at time of application
- Current or previous foster care or DYCD placement
- Currently enrolled in school or employed
- At risk of homelessness
- Able and prepared to pay minimum of \$167/month
- Credit check and background check