## MENTAL HEALTH/WELLNESS GOAL

## **Obtain HIPPA Consent**

If young person has long-term therapeutic treatment plans (AXIS I, Psychotic Diagnoses)

STEPS: COMPLETE WITHIN 30 DAYS OF PROGRAM ENTRY		COMPLETED?	DATE	PROGRESS NOTES
0		○ YES ○ NO		

ONCE GOAL IS COMPLETED: Proceed to "Assess weekly for compliance with treatment plan" goal on Mental Health / Wellness Roadmap

GOAL TRACKING						
START DATE:	GOAL COMPLETED	☐ GOAL CHANGED				
	□ YES   NOTES:	DATE:				
YOUTH NAME:	DATE COMPLETED:	NEW GOAL:				
COACH:	□ <b>NO</b>   NOTES:	NOTES:				
	END DATE:					

ADDITIONAL NOTES	
ADDITIONAL NOTES	