

MENTAL HEALTH/WELLNESS GOAL

Continue Coaching / Psychoeducation

If young person is not adherent with treatment and has long-term therapeutic treatment plans (AXIS I, Psychotic Diagnoses)

STEPS:	COMPLETED?	DATE	PROGRESS NOTES
<input type="radio"/> Implement appropriate intervention to promote adherence <i>(ie. MI, Stages of Change, CBT)</i>	<input type="radio"/> YES <input type="radio"/> NO		
<input type="radio"/> Review Pros and Cons of treatment adherence	<input type="radio"/> YES <input type="radio"/> NO		
<input type="radio"/> Collaborate with young person on Action Plan for Success <i>(see attached model)</i>	<input type="radio"/> YES <input type="radio"/> NO		

ONCE GOAL IS COMPLETED:

Proceed to "Create Safety Plans with Young Person" goal on Mental Health / Wellness Roadmap

If young person is adherent with treatment, proceed to Functioning / Stable Situation on Mental Health / Wellness Roadmap and begin goal: "Review Intake Mental Health Evaluation & Identify Risk Factors".

GOAL TRACKING

START DATE: _____

YOUTH NAME: _____

COACH: _____

GOAL COMPLETED

YES | NOTES: _____

DATE COMPLETED: _____

NO | NOTES: _____

END DATE: _____

GOAL CHANGED

DATE: _____

NEW GOAL: _____

NOTES:

For additional space, please see reverse side.

ADDITIONAL NOTES: