

# MENTAL HEALTH/WELLNESS GOAL

## Create Safety Plans with Young Person

If young person is not adherent with treatment and has long-term therapeutic treatment plans (AXIS I, Psychotic Diagnoses)

STEPS:	COMPLETED?	DATE	PROGRESS NOTES
<input type="radio"/> Discuss plans to avoid decompensation, hospitalization, and legal concerns	<input type="radio"/> YES <input type="radio"/> NO		

### ONCE GOAL IS COMPLETED:

Proceed to **“Identify/Discuss/Find Alternate Referrals for Young Person”** goal on Mental Health / Wellness Roadmap

If young person is adherent with treatment, proceed to **Functioning / Stable Situation** on Mental Health / Wellness Roadmap and begin goal: **“Review Intake Mental Health Evaluation & Identify Risk Factors”**

GOAL TRACKING		
START DATE: _____	<b>GOAL COMPLETED</b>	<input type="checkbox"/> <b>GOAL CHANGED</b>
YOUTH NAME: _____	<input type="checkbox"/> <b>YES</b>   NOTES: _____	DATE: _____
COACH: _____	<input type="checkbox"/> <b>NO</b>   NOTES: _____	NEW GOAL: _____
	END DATE: _____	NOTES:

For additional space, please see reverse side.

**ADDITIONAL NOTES:**