

MENTAL HEALTH/WELLNESS GOAL

Identify/Discuss/Find Alternate Referrals

If young person is not adherent with treatment and has long-term therapeutic treatment plans (AXIS I, Psychotic Diagnoses)

STEPS:	COMPLETED?	DATE	PROGRESS NOTES
<input type="radio"/> Contact health insurance provider to identify appropriate service providers that accept young person's coverage.	<input type="radio"/> YES <input type="radio"/> NO		
<input type="radio"/> Discuss alternatives with young person.	<input type="radio"/> YES <input type="radio"/> NO		
<input type="radio"/> Schedule visits with agreed upon service providers to identify best match.	<input type="radio"/> YES <input type="radio"/> NO		
<input type="radio"/> Conduct weekly check-ins with young person via phone or in-person to assess progress.	<input type="radio"/> YES <input type="radio"/> NO		
<input type="radio"/> Conduct weekly check-ins with service providers to assess progress.	<input type="radio"/> YES <input type="radio"/> NO		
<input type="radio"/> Submit a referral for Mobile Crisis to provide therapeutic support in home and connect with local mental health service providers, non-crisis <i>(ie. Signs of decompensation and refusal to participated in services)</i>	<input type="radio"/> YES <input type="radio"/> NO		

ONCE GOAL IS COMPLETED:

If young person is adherent with treatment, proceed to **Functioning / Stable Situation** on Mental Health / Wellness Roadmap and begin goal: "Review Intake Mental Health Evaluation & Identify Risk Factors".

GOAL TRACKING

START DATE: _____

YOUTH NAME: _____

COACH: _____

GOAL COMPLETED

YES | NOTES: _____

DATE COMPLETED: _____

NO | NOTES: _____

END DATE: _____

GOAL CHANGED

DATE: _____

NEW GOAL: _____

NOTES:

For additional space, please see reverse side.

ADDITIONAL NOTES: