

SECTION 23N

N. BUILDING INDEPENDENT LIVING SKILLS

Once housing is obtained, the Coach should also select the Goal “[Gain Independent Living/Life Skills](#)” and follow the Required and Potential Steps to help a young person maintain housing.

Required Steps include:

- Obtain copies of all vital documents;
- Obtain bank account;
- Create a monthly budget.
(See [Appendix I16_Independent Living Budget Tool](#)).

Potentials Steps include:

- Discuss means of building positive credit and take steps to enact plan;
- Open a savings account;
- Take financial management workshop or course;
- Learn how to grocery shop and make meals;
- Discuss home organization/maintaining a home;
- Encourage youth to attend networking events, workshops, and agency events to build professional adult relationships.

The best way to gain skills is through experiential activities. See [Appendix I15_Building Independent Living Skills](#) for examples of critical independent living skills and experiential activities.

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